



**BREAKFAST**

**Traveler**

choice of juice  
baker's basket, fruit preserves  
honey and butter  
yogurt and fruit  
coffee or tea  
24

**Bento**

Ora King salmon, miso soup,  
pickled vegetables,  
white rice, tamagoyaki,  
organic greens, natto  
29

**Fresh from the Farm**

choice of juice  
choice of toast and fruit preserves,  
honey and butter  
two eggs any style, roasted potato, grilled  
tomato, choice of grilled ham, Portuguese  
sausage or local bacon  
coffee or tea  
29  
egg whites +4

~ RISE & SHINE ~

**Seasonal Fruit & Berry Bowl**

toasted macadamia nuts  
12

**Parfait of Fresh Berries**

granola and vanilla yogurt  
13

**Oatmeal**

brown sugar, banana, berries, macadamia nuts  
13

**Smoked Salmon Bagel**

cream cheese, capers, red onion  
16

**Acai Bowl**

banana and clustered oats, chia seeds  
15

**Local Papaya**

12

**Cereals**

special K, quaker oats, raisin bran, Cheerios, house made granola  
served with milk and choice of banana, sliced apple, or berries  
10

~ GRIDDLE ~

**Pancakes**

seasonal fruit and berries, ginger infused maple syrup  
15

**Taro Bread French Toast**

caramelized pineapple, macadamia nuts, ginger infused maple syrup  
15

**Belgian Waffle**

seasonal fruit and berries, ginger infused maple syrup  
14

~ COCKTAILS & BEVERAGES ~

**BLT Bloody 16**

housemade bacon infused vodka

**Mimosa 12**

fresh squeezed orange juice

**Fresh Juices 8**

pineapple, orange, guava nectar, grapefruit

**Kona Coffee Purveyors Coffee 7**

roasted and blended exclusively for BLT Market  
decaffeinated available

**Kona Coffee Purveyors Espresso, Cappuccino, Latte 8**

roasted and blended exclusively for BLT Market  
decaffeinated available

**Hawaiian Island Hot Tea 7**

local, organic selections  
decaffeinated available

~ EGGS BENEDICT ~

**Classic**

Canadian bacon on english muffin  
18

**Hawaiian Style**

portuguese sausage english muffin  
18

**Scottish**

smoked salmon on english muffin  
19

**Florentine**

sauteed spinach on english muffin  
16

~ FARM FRESH EGGS ~

**Market Loco Moco**

Big Island beef, sunny eggs, mushroom-onion gravy  
24

**Corned Beef Hash & Two Eggs**

choice of toast, roasted tomato  
19

**Egg White Frittata**

peppers, cheddar cheese, arugula  
18

**Spinach & Gruyere Omelet**

local spinach  
16

**Two Eggs Any Style**

choice of toast, peewee potatoes, roasted tomato  
17

egg whites available +4

~ SIDES ~

**Black Forest Ham 8**

**Apple Wood Smoked Bacon 8**

**Corned Beef Hash 8**

**Sausage chicken, pork, portuguese 8**

**Roasted Tomato herb crust 8**

**Herbed Roasted Marble Potatoes 8**

**White Rice 9**

**Daily Assorted Pastries 8**

BLT MARKET